

CT GRIT Club Champs, Sanction #: L26-51a**July 24, 2026 - Middletown, CT****Session Report**

Session: 1 Friday Timed Finals

Day of Meet: 1 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 13-18 200 Freestyle Relay	11	2 u	08:15 AM	_____
Finals	2 Mixed 12 & Under 200 Freestyle Relay	10	2 u	08:21 AM	_____
	Break: 10 Minutes:				
Finals	3 Girls 13-18 200 IM	22	3 u	08:37 AM	_____
Finals	4 Boys 13-18 200 IM	22	3 u	08:48 AM	_____
Finals	5 Girls 12 & Under 200 IM	19	3 u	08:58 AM	_____
Finals	6 Boys 12 & Under 200 IM	10	2 u	09:11 AM	_____
	Break: 5 Minutes:				
Finals	7 Girls 13-18 100 Freestyle	40	5 u	09:24 AM	_____
Finals	8 Boys 13-18 100 Freestyle	34	5 u	09:32 AM	_____
Finals	9 Girls 12 & Under 100 Freestyle	49	7 u	09:40 AM	_____
Finals	10 Boys 12 & Under 100 Freestyle	29	4 u	09:54 AM	_____
	Break: 5 Minutes:				
Finals	11 Girls 13-18 50 Backstroke	31	4 u	10:06 AM	_____
Finals	12 Boys 13-18 50 Backstroke	21	3 u	10:12 AM	_____
Finals	13 Girls 12 & Under 50 Backstroke	47	6 u	10:15 AM	_____
Finals	14 Boys 12 & Under 50 Backstroke	23	3 u	10:24 AM	_____
	Break: 5 Minutes:				
Finals	15 Girls 13-18 200 Breaststroke	11	2 u	10:33 AM	_____
Finals	16 Boys 13-18 200 Breaststroke	12	2 u	10:42 AM	_____
Finals	17 Girls 12 & Under 200 Breaststroke	8	1 u	10:50 AM	_____
Finals	18 Boys 12 & Under 200 Breaststroke	3	1 u	10:55 AM	_____
	Break: 10 Minutes:				
Finals	19 Girls 13-18 800 Freestyle	1	1 u	11:10 AM	_____
Finals	20 Boys 13-18 800 Freestyle	4	1 u	11:20 AM	_____
	Swimmers Counts for Warm-ups: 181	=====	=====		
	Entry / Heat Totals:	407	60		
	Finish Time			11:34 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
BSPL	Bristol Splash	37	15		
BSA	Bull Shark Aquatics	10	5		
CAT	Cougar Aquatic Team	28	15		
FVYT	Farmington Valley YMCA Tsunami	5	4		
GLAS	Glastonbury Swim Team	59	25		
GRIT	Grit Aquatics	2	2		
IVY	Indian Valley Family YMCA Brea	31	13		
FINS	Meriden Silver Fins	15	5		
NFAF	New Fairfield Aqua Flyers	26	12		
NSC	Newington Swim Club	22	10		
NCA	Northeast Connecticut Aquatics	11	5		
NWYL	Northwest CT YMCA Lasers	24	12		

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Round	Event	Entries	Heats	Starts at
SYS	Soundview YMCA Stingrays	55	22	
SAQ	Storrs Aquatics	15	7	
WMAD	The Western Mass Aquadogs	17	8	
UN-1	UN Farmington Valley YMCA Tsun	7	3	
VSYM	Valley Shore YMCA Marlins	10	4	
WYW	Wilton Y Wahoos Swim Club	33	14	

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Session: 2 Saturday Timed Finals

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Mixed 12 & Under 200 Medley Relay	10	2 u	08:15 AM	_____
Finals	22 Mixed 13-18 200 Medley Relay	12	2 u	08:23 AM	_____
	Break: 10 Minutes:				
Finals	23 Girls 12 & Under 100 Backstroke	44	6 u	08:40 AM	_____
Finals	24 Boys 12 & Under 100 Backstroke	28	4 u	08:54 AM	_____
Finals	25 Girls 13-18 100 Backstroke	39	5 u	09:04 AM	_____
Finals	26 Boys 13-18 100 Backstroke	32	4 u	09:15 AM	_____
	Break: 5 Minutes:				
Finals	27 Girls 12 & Under 200 Freestyle	39	5 u	09:28 AM	_____
Finals	28 Boys 12 & Under 200 Freestyle	27	4 u	09:47 AM	_____
Finals	29 Girls 13-18 200 Freestyle	41	6 u	10:02 AM	_____
Finals	30 Boys 13-18 200 Freestyle	31	4 u	10:24 AM	_____
	Break: 5 Minutes:				
Finals	31 Girls 12 & Under 50 Breaststroke	55	7 u	10:41 AM	_____
Finals	32 Boys 12 & Under 50 Breaststroke	37	5 u	10:50 AM	_____
Finals	33 Girls 13-18 50 Breaststroke	27	4 u	10:57 AM	_____
Finals	34 Boys 13-18 50 Breaststroke	32	4 u	11:02 AM	_____
	Break: 5 Minutes:				
Finals	35 Girls 12 & Under 100 Butterfly	11	2 u	11:11 AM	_____
Finals	36 Boys 12 & Under 100 Butterfly	6	1 u	11:16 AM	_____
Finals	37 Girls 13-18 100 Butterfly	25	4 u	11:18 AM	_____
Finals	38 Boys 13-18 100 Butterfly	27	4 u	11:26 AM	_____
	Break: 10 Minutes:				
Finals	39 Girls 12 & Under 400 Freestyle	6	1 u	11:42 AM	_____
Finals	40 Boys 12 & Under 400 Freestyle	6	1 u	11:50 AM	_____
	Break: 5 Minutes:				
Finals	41 Girls 13-18 400 IM	5	1 u	12:03 PM	_____
Finals	42 Boys 13-18 400 IM	5	1 u	12:11 PM	_____
	Swimmers Counts for Warm-ups: 227	=====	=====		
	Entry / Heat Totals:	545	77		
	Finish Time			12:17 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
BSPL	Bristol Splash	49	18		
BSA	Bull Shark Aquatics	24	9		
CAT	Cougar Aquatic Team	54	25		
FVYT	Farmington Valley YMCA Tsunami	28	11		
GLAS	Glastonbury Swim Team	38	17		
GRIT	Grit Aquatics	15	6		
IVY	Indian Valley Family YMCA Brea	29	14		
FINS	Meriden Silver Fins	27	9		
NFAF	New Fairfield Aqua Flyers	29	11		

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Round	Event	Entries	Heats	Starts at
NSC	Newington Swim Club	35	16	
NCA	Northeast Connecticut Aquatics	21	9	
NWYL	Northwest CT YMCA Lasers	19	10	
SYS	Soundview YMCA Stingrays	60	25	
SAQ	Storrs Aquatics	8	4	
WMAD	The Western Mass Aquadogs	27	10	
UN-1	UN Farmington Valley YMCA Tsun	7	3	
VSYM	Valley Shore YMCA Marlins	10	7	
WYW	Wilton Y Wahoos Swim Club	65	23	

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Session: 3 Sunday Timed Finals

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	43 Girls 13-18 50 Butterfly	37	5 u	08:15 AM	_____
Finals	44 Boys 13-18 50 Butterfly	36	5 u	08:21 AM	_____
Finals	45 Girls 12 & Under 50 Butterfly	47	6 u	08:26 AM	_____
Finals	46 Boys 12 & Under 50 Butterfly	31	4 u	08:32 AM	_____
	Break: 5 Minutes:				
Finals	47 Girls 13-18 200 Backstroke	22	3 u	08:42 AM	_____
Finals	48 Boys 13-18 200 Backstroke	12	2 u	08:54 AM	_____
Finals	49 Girls 12 & Under 200 Backstroke	9	2 u	09:01 AM	_____
Finals	50 Boys 12 & Under 200 Backstroke	8	1 u	09:10 AM	_____
	Break: 5 Minutes:				
Finals	51 Girls 13-18 100 Breaststroke	25	4 u	09:19 AM	_____
Finals	52 Boys 13-18 100 Breaststroke	26	4 u	09:28 AM	_____
Finals	53 Girls 12 & Under 100 Breaststroke	32	4 u	09:36 AM	_____
Finals	54 Boys 12 & Under 100 Breaststroke	27	4 u	09:46 AM	_____
	Break: 5 Minutes:				
Finals	55 Girls 13-18 50 Freestyle	49	7 u	10:01 AM	_____
Finals	56 Boys 13-18 50 Freestyle	44	6 u	10:08 AM	_____
Finals	57 Girls 12 & Under 50 Freestyle	67	9 u	10:13 AM	_____
Finals	58 Boys 12 & Under 50 Freestyle	47	6 u	10:22 AM	_____
	Break: 5 Minutes:				
Finals	59 Girls 13-18 200 Butterfly	5	1 u	10:33 AM	_____
Finals	60 Boys 13-18 200 Butterfly	3	1 u	10:36 AM	_____
Finals	61 Girls 12 & Under 200 Butterfly	3	1 u	10:39 AM	_____
Finals	62 Boys 12 & Under 200 Butterfly	0	0	10:43 AM	_____
	Break: 10 Minutes:				
Finals	63 Girls 13-18 400 Freestyle	8	1 u	10:53 AM	_____
Finals	64 Boys 13-18 400 Freestyle	18	3 u	11:00 AM	_____
	Swimmers Counts for Warm-ups: 231	=====	=====		
	Entry / Heat Totals:	556	79		
	Finish Time			11:20 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
BSPL	Bristol Splash	43	16		
BSA	Bull Shark Aquatics	19	9		
CAT	Cougar Aquatic Team	45	21		
FVYT	Farmington Valley YMCA Tsunami	28	11		
GLAS	Glastonbury Swim Team	50	20		
GRIT	Grit Aquatics	13	5		
IVY	Indian Valley Family YMCA Brea	38	18		
FINS	Meriden Silver Fins	27	11		
NFAF	New Fairfield Aqua Flyers	32	12		
NSC	Newington Swim Club	41	16		

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Round	Event	Entries	Heats	Starts at
NCA	Northeast Connecticut Aquatics	18	7	
NWYL	Northwest CT YMCA Lasers	38	19	
SYS	Soundview YMCA Stingrays	49	21	
SAQ	Storrs Aquatics	22	8	
WMAD	The Western Mass Aquadogs	22	9	
UN-1	UN Farmington Valley YMCA Tsun	6	3	
VSYM	Valley Shore YMCA Marlins	15	6	
WYW	Wilton Y Wahoos Swim Club	50	19	