

RST November Distance Meet, Sanction #: S25-21
November 7, 2025 - Milford, CT

Results

Girls 12 & Under 200 Yard Backstroke

Name		AgeTeam	Finals Time	
1	Butler, Darby J	11 ARAC-CT	2:41.58	20
	37.24 40.61	42.14	41.59	
2	Gallant, Erin M	12 RST-CT	2:44.90	17
	37.35 43.09	42.16	42.30	
3	Goncalves, Olivia H	11 RST-CT	2:47.92	16
	38.94 42.78	43.35	42.85	
4	Westfeldt, Alexandra K	12 SYS-CT	2:48.87	15
5	Marino, Addison C	12 BSY-CT	2:56.88	14
	42.35 47.05	45.48	42.00	
6	Perdomo, Elizabeth H	11 RST-CT	2:57.35	13
	40.28 46.10	47.27	43.70	
7	Westfeldt, Samantha Z	12 SYS-CT	2:58.49	12
	40.00 45.72	46.32	46.45	
8	Onze, Brooke H	11 ARAC-CT	3:03.61	11
	41.72 47.78	48.27	45.84	
9	Sieranski, Sophia G	12 RST-CT	3:03.62	9
	40.92 45.33	48.56	48.81	
10	Glus, Samantha V	12 RST-CT	3:05.89	7
	43.24 47.75	49.06	45.84	
11	Su, Wanyi N	10 RST-CT	3:06.36	6
	43.10 47.55	48.49	47.22	
12	Cartier, Charley D	11 SYS-CT	3:08.85	5
	42.38 51.23	46.04	49.20	
13	Mohamed, Kenzie	12 SYS-CT	3:08.92	4
	44.15 48.17	52.20	44.40	
14	Garcia, Adriana	11 BSY-CT	3:09.35	3
	41.05 47.79	49.68	50.83	
15	Horbach, Grace	12 BSY-CT	3:14.43	2
	46.23 50.52	50.87	46.81	
16	Bennett, Maya	12 BSY-CT	3:15.28	1
	46.28 51.14	51.04	46.82	

Girls 12 & Under 200 Yard Breaststroke

Name		AgeTeam	Finals Time	
1	Sopko, Addison P	12 RST-CT	2:47.58	
	39.23 43.45	42.95	41.95	
2	Mohamed, Kenzie	12 SYS-CT	2:55.92	
	39.23 45.37	46.03	45.29	
3	Hoepfner, Lauren N	12 ARAC-CT	3:00.97	
	39.87 48.39	47.16	45.55	
4	Goncalves, Olivia H	11 RST-CT	3:02.34	
	41.61 46.63	47.36	46.74	
5	Richeda, Kenzie R	11 RST-CT	3:08.21	
	43.56 48.75	50.14	45.76	
6	Rink, Hanna	12 SYS-CT	3:18.60	
	46.61 50.28	50.77	50.94	
7	Horbach, Grace	12 BSY-CT	3:24.38	
	47.98 53.51	52.15	50.74	
8	Garcia, Adriana	11 BSY-CT	3:26.02	
	47.44 52.60	53.72	52.26	
9	Perdomo, Elizabeth H	11 RST-CT	3:35.35	
	48.49 55.92	56.75	54.19	
10	Glus, Samantha V	12 RST-CT	3:45.76	
	51.92 58.34	1:00.03	55.47	

11	Cartier, Charley D	11	SYS-CT	3:55.44
	50.53 1:04.32	1:00.97	59.62	
---	Harrell, Evie J	11	RST-CT	DQ
	47.89 51.36	53.77	52.56	

Girls 12 & Under 200 Yard Butterfly

Name		AgeTeam	Finals Time	
1	Westfeldt, Samantha Z	12 SYS-CT	3:14.80	
	40.98 50.37	51.38	52.07	
2	Westfeldt, Alexandra K	12 SYS-CT	3:24.18	
	42.25 52.57	1:49.36		

Girls 1000 Yard Freestyle

Name		AgeTeam	Finals Time	
1	Nacca, Kelsey A	13 SYS-CT	11:59.24	
	31.52 35.28	34.47	35.59	
	36.98 35.99	36.45	37.08	
	36.44 37.03	36.08	36.35	
	36.40 37.16	36.67	36.85	
	36.24 36.26	35.83	34.57	
2	Perry, Violet A	13 SYS-CT	12:03.62	
	31.34 35.04	35.99	36.18	
	36.50 36.30	37.01	36.72	
	36.81 37.08	36.45	36.25	
	36.80 36.91	37.09	36.46	
	36.78 37.15	36.27	34.49	
3	Barneby, Rowen E	11 RST-CT	14:03.81	
	36.69 42.99	42.67	43.56	
	43.63 44.64	44.47	43.18	
	44.55 45.07	43.66	41.86	
	42.53 40.86	42.89	41.67	
	41.93 39.71	41.07	36.18	
4	Marino, Addison C	12 BSY-CT	14:32.97	
	38.50 43.44	43.63	44.21	
	43.91 44.36	44.55	44.87	
	44.62 44.12	43.70	45.15	
	44.82 45.60	42.52	45.09	
	45.93 44.37	42.86	36.72	
5	Lux, Scarlet J	12 BSY-CT	15:14.08	
	38.88 44.85	45.20	45.59	
	45.84 45.90	45.65	46.56	
	46.96 46.96	46.41	46.80	
	48.11 46.24	47.03	46.79	
	45.26 46.71	46.06	42.28	
6	Barnes, Valentina	13 BSY-CT	16:46.50	
	41.81 48.02	50.33	51.19	
	51.20 48.63	50.07	49.85	
	52.56 52.19	50.96	52.49	
	51.46 51.89	52.40	51.42	
	51.68 53.23	51.80	43.32	
7	Bennett, Maya	12 BSY-CT	16:53.88	
	42.21 48.05	49.81	50.81	
	51.53 50.97	50.71	52.25	
	51.99 50.87	52.65	52.24	
	52.60 52.55	52.04	51.46	
	52.38 51.82	51.08	45.86	

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Girls 400 Yard IM

Name	Age	Team	Finals Time	
1 Sopko, Addison P	12	RST-CT	5:10.35	20
2 Laffin, Jillian M	13	SYS-CT	5:19.35	17
34.06	38.11	40.74	41.12	
46.10	46.67	36.77	35.78	
3 Perdomo, Mekailah G	13	RST-CT	5:41.64	16
35.08	42.22	41.87	40.37	
52.92	53.43	39.85	35.90	
4 Rink, Hanna	12	SYS-CT	5:46.49	15
38.08	43.20	41.91	41.49	
53.49	51.27	39.49	37.56	
5 Barneby, Rowen E	11	RST-CT	5:52.62	14
6 Lux, Scarlet J	12	BSY-CT	6:09.64	13
38.81	45.28	45.18	46.60	
54.16	53.45	42.94	43.22	
7 Cartier, Sammy M	14	SYS-CT	6:15.96	12
8 Su, Wanyi N	10	RST-CT	6:18.95	11
42.95	51.06	46.86	47.31	
51.23	49.50	46.42	43.62	

Boys 12 & Under 200 Yard Backstroke

Name	Age	Team	Finals Time	
1 Pfrommer, Lucas A	12	SYS-CT	2:33.51	
35.58	39.41	39.91	38.61	
2 Avalos Arias, Alexis	11	RST-CT	2:44.10	
39.45	41.93	41.42	41.30	
3 Hokanson, Devin L	11	ARAC-CT	2:47.76	
39.91	43.56	42.88	41.41	
4 Rink, Henrik	10	SYS-CT	2:51.38	
41.15	44.92	44.61	40.70	
5 Matta, Will M	10	SYS-CT	2:51.46	
41.37	45.12	44.60	40.37	
6 Douglass, Alexander M	10	SYS-CT	2:59.00	
42.11	46.64	46.51	43.74	
7 Staffey, Grady D	12	BSY-CT	2:59.71	
41.95	45.69	45.74	46.33	
8 Pellegrino, Sam A	11	SYS-CT	3:04.78	
43.78	47.19	48.46	45.35	
9 Lam, Chris S	12	ARAC-CT	3:05.58	
42.25	49.37	49.33	44.63	
10 Schoberth-Wyckoff, Finn F	11	BSY-CT	3:05.74	
44.04	47.75	47.65	46.30	
11 Gallo, Derek H	12	BSY-CT	3:11.53	
40.23			1:02.76	
12 Richardson, Ethan R	10	SYS-CT	3:19.14	
47.52	51.42	51.56	48.64	
13 Guilmette, Jack T	10	RST-CT	3:19.91	
44.81	52.13	52.39	50.58	
14 Zelezniak Berezowski, Andy	12	RST-CT	3:23.62	
47.22	50.60	53.65	52.15	
15 D'Souza, Noah A	11	RST-CT	3:35.31	
49.87	57.07	54.73	53.64	
16 Cepetelli, Sam	12	BSY-CT	3:43.28	
49.73			1:54.36	

Boys 12 & Under 200 Yard Breaststroke

Name	Age	Team	Finals Time	
1 Kalb, Hayden O	11	RST-CT	2:52.53	
39.58	45.43	44.51	43.01	
2 Staffey, Grady D	12	BSY-CT	3:15.00	
45.53	49.48	50.97	49.02	
3 Douglass, Alexander M	10	SYS-CT	3:16.56	
46.53	52.83	50.14	47.06	
4 Carlson, Nathan B	10	ARAC-CT	3:21.18	
45.50	52.33	51.89	51.46	
5 Cozzolino, Peter J	12	ARAC-CT	3:21.73	
42.65	53.05	54.83	51.20	
6 Rink, Henrik	10	SYS-CT	3:25.22	
46.89	53.41	53.45	51.47	
7 Pellegrino, Sam A	11	SYS-CT	3:26.26	
47.37	54.39	53.43	51.07	
8 Cozzolino, James D	10	ARAC-CT	3:29.31	
44.58	54.71	56.53	53.49	
9 Richeda, Brady J	9	RST-CT	3:30.58	
48.27	54.37	54.50	53.44	
10 Richardson, Ethan R	10	SYS-CT	3:32.57	
50.34	54.53	54.22	53.48	
11 Gallo, Derek H	12	BSY-CT	3:34.02	
44.47	54.31	52.24	1:03.00	
12 Chube, Julian A	11	RST-CT	3:56.89	
1:01.85	1:14.39	1:10.95	29.70	
--- Cepetelli, Sam	12	BSY-CT	DQ	
50.15	57.61	55.08	1:06.43	

Boys 12 & Under 200 Yard Butterfly

Name	Age	Team	Finals Time	
2 Nichols, Brent R	10	ARAC-CT	2:59.96	
40.44	47.73	49.88	41.91	
3 Whitehead, Connor F	11	RST-CT	3:16.02	
40.79	51.35	53.44	50.44	
4 Chube, Julian A	11	RST-CT	3:35.48	
43.96	57.38	59.38	54.76	
6 Zelezniak Berezowski, Andy	12	RST-CT	4:10.78	
52.23	1:06.85	1:07.28	1:04.42	

Boys 1000 Yard Freestyle

Name	Age	Team	Finals Time	
1 Starkey, Daniel M	16	SYS-CT	10:48.28	
29.07	32.53	33.31	33.20	
32.65	33.39	33.04	32.69	
33.18	33.34	33.78	32.86	
32.48	32.68	32.51	32.13	
31.78	31.32	31.95	30.39	
2 Walz, Quin F	15	SYS-CT	10:55.54	
29.02	32.59	33.55	33.01	
33.00	33.29	33.41	33.81	
33.50	33.43	33.44	33.35	
33.50	32.38	32.91	32.61	
33.21	32.34	32.35	30.84	

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(Boys 1000 Yard Freestyle)					Results					
Name		Age	Team	Finals Time						
3	Crozier, James A	16	SYS-CT	11:14.70		11	Erdman, Jack R	14	RST-CT	13:15.22
	29.42	32.75	33.23	32.82		32.81	37.94	40.00	39.85	
	33.17	33.33	33.43	33.53		40.84	40.77			
	33.38	33.67	34.11	34.29		41.16	40.89	41.25	41.49	
	35.63	34.47	34.71	34.92		41.82	40.52			
	34.63	35.47	34.31	33.43		40.99	39.71	39.42	39.74	
						38.48	36.07			
4	Perry, Jasper D	15	SYS-CT	11:34.25		12	Avalos Arias, Alexis	11	RST-CT	13:21.81
	30.04	33.54	34.94	34.92		36.54	40.06	41.35	40.90	
	34.50	35.16	35.41	35.15		41.83	41.89	41.53	40.69	
	34.67	34.74	35.20	35.76		41.23	40.97	40.36	40.23	
	34.77	35.11	35.26	34.94		40.26	40.09	40.01	40.04	
	35.44	34.82	35.01	34.87		38.56	39.44	39.03	36.80	
5	Ghavami, Shayan	15	RST-CT	11:40.45		13	Ece, JohnTurk T	14	ARAC-CT	13:28.14
	31.15	33.66	34.46			31.96	37.93	40.37		
		35.59	35.43	35.64		40.92	40.87	41.52	41.83	
			35.77	35.72		41.19	40.89	40.59	39.81	
				35.75		38.70				
	35.28									
	35.47	35.65			14	Conetta, Alex	16	BSY-CT	13:33.48	
	35.67	35.38	34.86	33.03		33.25	38.20	39.49	40.46	
6	Nichols, Adam K	13	ARAC-CT	11:43.38			40.80			
	30.74	34.63	36.03	35.84		40.18	42.31	40.16	39.20	
	34.67	36.69	35.01	35.53		40.28	39.93			
	35.81	35.99	36.43	36.06		39.29	39.09	38.95	39.02	
	36.03	36.13	35.95	34.65		32.59	28.90			
	35.56	35.31	34.18	32.14	15	Taube, Oscar M	14	RST-CT	13:35.71	
						34.08	39.60	40.41	41.08	
7	Barnes, Emilio	13	BSY-CT	12:24.12			41.56	42.74	41.29	41.33
	32.63	37.54	38.71	38.53		41.28	41.99	40.55	40.65	
	38.65	38.96				41.35	40.93	41.10	40.66	
	39.18	38.23	38.52	38.37		41.82	41.71	41.06	40.52	
	38.00	38.45			16	Kalb, Hayden O	11	RST-CT	13:37.26	
	37.24	36.91	36.69	36.02		36.10	39.78	41.14		
	34.38	30.40					41.62	42.25	41.31	
								42.67	41.79	
8	Padda, Abhi S	14	RST-CT	12:59.34			40.31			41.05
	32.81	39.25	39.42	39.20		42.61	42.00			
	39.44	39.39				40.70	39.87	40.44	36.68	
	39.85	40.35	40.10	39.84	17	Whitehead, Connor F	11	RST-CT	14:07.39	
	40.67	39.21				37.01	42.30	42.52		
	39.48	41.03	38.16	38.75			41.69	43.99	42.92	
	36.66	36.22						44.75	42.84	
9	Pfrommer, Lucas A	12	SYS-CT	13:02.26			42.98			43.87
	32.62	38.01	39.88	38.44		43.61	43.45			
	40.05	39.25	39.84	40.05		42.84	41.48	40.61	38.26	
	39.06	39.45	39.86	38.89	18	Schoberth-Wyckoff, Finn F	11	BSY-CT	15:34.32	
	40.60	39.19	40.83	40.04		40.76	45.53	48.50	47.07	
	39.48	40.89	39.30	36.53		46.76	46.27			
10	Walz, Nate J	12	SYS-CT	13:04.90			47.58	47.46	47.00	48.60
	33.52	39.21	40.18	40.39		47.02	49.29			
	40.92	40.95	41.06	39.91		46.62	46.73	46.98	49.01	
	40.61	40.39	40.01	40.31		42.55	45.16			
	40.87	40.19	39.62	39.26						
	39.24	38.56	36.08	33.62						

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(Boys 1000 Yard Freestyle)				
Name		AgeTeam	Finals Time	
19	Suniaga, Andres	14 BSY-CT	15:41.10	
	39.33	45.39	47.92	
		47.49	48.08	48.24
			47.41	48.35
	47.80		48.32	
	49.15	48.95		
	46.24	47.46	46.44	40.83
20	Conetta, Camilo	14 BSY-CT	16:55.69	
	38.84			
	52.34	53.36	52.83	52.17
	1:44.96	50.04		
		1:46.27		

Boys 400 Yard IM				
Name		AgeTeam	Finals Time	
1	Rubio, Luca A	15 RST-CT	4:44.04	20
	30.48	34.57	38.41	39.16
	37.82	39.39	32.53	31.68
2	Gallant, Brendan J	15 RST-CT	4:53.46	17
	29.31	35.38	36.49	35.32
	44.22	45.85	34.08	32.81
3	Crozier, Charles W	14 SYS-CT	5:11.18	16
	30.76	37.15	41.68	40.73
	42.55	45.27	37.05	35.99
4	Starkey, Thomas M	17 SYS-CT	5:13.25	15
	32.85	40.11	39.42	39.43
	47.25	49.35	32.28	32.56
5	Barnes, Emilio	13 BSY-CT	5:17.73	14
	35.58	1:22.25	40.67	46.79
	47.11	34.16	31.17	
6	Pellegrino, Charlie	13 SYS-CT	5:18.17	13
	33.54	40.44	40.54	38.60
	45.46	45.30	37.67	36.62
7	Conetta, Alex	16 BSY-CT	5:26.14	12
	32.42	38.79	42.66	42.61
	45.63	47.53	38.18	38.32

Mixed 200 Yard Freestyle				
Name		AgeTeam	Finals Time	
1	Suniaga, Andres	14 BSY-CT	3:00.26	
2	Conetta, Camilo	14 BSY-CT	3:02.29	
	1:42.90	53.35		
	52.34	53.36	52.83	52.17
	1:44.96	50.04		

Mixed 500 Yard Freestyle				
Name		AgeTeam	Finals Time	
1	Conetta, Alex	16 BSY-CT	6:35.16	
2	Suniaga, Andres	14 BSY-CT	7:48.05	
3	Conetta, Camilo	14 BSY-CT	8:16.13	